

# **WORKPLAN**

# **World Pole Art Championship 2023**

## **December 9-10**

## **Barcelona - Spain**





### About the POSA Worlds

These Worlds are Worlds for top athletes, but for amateurs too from countries and cultures all over the world. Not only is the organization of competitions in the foreground, but also organizing a huge festival with the spirit of the beautiful city as Barcelona at the famous Brava coast. The objectives are the gathering of sports friends, as a worldwide family to advance making friends as well as the exchange of information, expertise, and experiences within the Pole community of POSA and its partners.

<b>Up-to-date Information:</b>	<b>-&gt; Official Worlds Webpage: <a href="https://www.posaworldchampionship.com/">https://www.posaworldchampionship.com/</a> -&gt; POSA Webpage: <a href="http://www.posaworld.org">www.posaworld.org</a> &amp; <a href="http://www.poleworldchampionship.com">www.poleworldchampionship.com</a> -&gt; Facebook: Pole Sports &amp; Arts World Federation -&gt; Instagram: posaworldfed &amp; pole_world_championship2023</b>
<b>Place of Arrival:</b>	<b>Barcelona, Spain</b>
<b>Date of Arrival:</b>	<b>December 8, 2023</b>
<b>World Pole Art Championship</b>	<b>9-10 December 2023</b>
<b>Date of departure:</b>	<b>December 11<sup>th</sup> 2023</b>





## OFFICIALS AND ORGANIZING COMMITTEE

### 1.1 Pole Sports & Arts World Federation (POSA)

#### POSA OFFICIAL COMMITTEE (OC)

- |                      |                  |
|----------------------|------------------|
| • President          | Davide LACAGNINA |
| • Vice-President     | Tamas KATUS      |
| • Vice-President     | Mariana BAUM     |
| • Vice- President    | Katrina WYKCOFF  |
| • General Secretary  | Eleonora SOLDANO |
| • General Secretary  | Elisa GOZZI      |
| • General Secretary  | Yofre BLANCO     |
| • Head of Events     | Patricia ROQUETA |
| • Head of Ethic      | Cesare BIANCHI   |
| • Treasurer          | Franco TINELLI   |
| • Head of Antidoping | Jyrki RANTANEN   |
| • Head of Pole Art   | Elena GIBSON     |

#### POSA POLE ART TECHNICAL COMMITTEE (TC)

- |                  |                      |
|------------------|----------------------|
| • President      | Elena GIBSON         |
| • Vice-President | Mariana BAUM         |
| • Member         | Alessandra MARCHETTI |
| • Member         | Barbara PALMAFFY     |
| • Member         | Natasha WANG         |

### 1.2 Official POSA Contact Address

POLE SPORTS & ARTS WORLD FEDERATION  
Via Pietro Bernasconi 3,  
CH-6883 Novazzano, Switzerland Tel.: +41765967337  
E-mail: [contact@posaworld.org](mailto:contact@posaworld.org) Web: <http://posaworld.org/>

### 1.3 Host Federation / Organization 2023 W.C. Local Organizing Committee

FEELING WOMAN

Escuela de Pole Dance-Sport

C/ Zamora 68

Barcelona 08018

[www.feelingwoman.com](http://www.feelingwoman.com)



Spanish Federation of Pole Sport & Aerial Discipline



**1.1 2023 W.C. Local Training Centre Contact Address**

For all athletes participating in competition who wish to train between the two competitions, they can train at this facility with poles:

FEELING WOMAN  
Escuela de Pole Dance-Sport  
C/ Zamora 68  
Barcelona 08018  
[www.feelingwoman.com](http://www.feelingwoman.com)

**Rehearsals stage Pole Art:**

The stage rehearsals will be without music, each athlete will have 1.30 minutes to rehearse the stage, each delegation will be sent the rehearsals programme divided by each national delegation.

The Led Wall will be present to project any photo and video material during the athletes' performance (for those who wish to make use of it).

Please note during the rehearsals stage (Friday), it will still not be possible to have the Led Wall working.

Those who wish to check their video will have to contact the technicians.

We recommend, however, that you send the Head of Delegation to inform the technicians of the names of those who wish to check their videos.

**2.1 Updated competitions schedule Pole Sport World Championship:**

<b>Friday 8 of December</b>	
From 10.00am to 12.30pm: Athletes' Accreditation - From 2 p.m. to 7 p.m.: Rehearsals stage per country from the morning - From 6.30pm: Orientation Meeting (Mandatory) and Opening Ceremony Rehearsal	<b>Competition hall</b>
<b>Saturday 9 of December</b>	
<b>9.00am</b>	<b>Competition hall</b>
<b>Opening Ceremony (Mandatory)</b>	
<b>9.30am</b>	<b>Competition hall</b>
<b>Finals Amateurs (all categories) + Award Ceremonies</b>	



**Sunday, 10 of December**

<b>9.30am: Juniors and Masters Finals (all categories Elitè)</b>	<b>Competition hall</b>
<b>Juniors and Masters Awards</b>	<b>Competition hall</b>
Break	
<b>2.30pm: Seniors Elite Finals (all categories)</b>	<b>Competition hall</b>
<b>Medal Awards Ceremony Seniors</b>	<b>Competition hall</b>

**Monday, 11 of December**

Departure of the participants	
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**Please note: competition times may be subject to change according to organisational requirements.**

**2.1 Competition format**

**1<sup>st</sup> day, Saturday 9th December**

Finals all categories Amateurs

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**2<sup>nd</sup> day, Sunday December 10th**

World Championships all categories Elitè

**Qualifications**

The starting order of the competition (qualifications) will be made between the 28th and 30th of November 2023 by the official representatives of POSA after the deadline for athlete applications (5th of November) has closed. If a National Federation reduces the number of participating athletes after the definitive inscriptions, POSA/TChas the right to adjust the starting order to ensure the best possible running of the competition.

**Qualifications for the World Pole Art Championship 2024**

The top 3 athletes (**in each Elite category**) in the ranking have the right to participate in the World Pole Art Championship 2024.



### **Access to the competition area**

- The competition area is accessible to the members of the various juries, competing athletes and their accredited coaches, to local group leaders, to the auxiliary personnel of the Jury, to the President of the POSA Medical Commission, the official doctor, the team doctors, medical staff and to persons concerned with the apparatus. A team medical person is permitted to accompany the athletes and coaches during all Competitions.
- Interpreters may not enter the competition area without the permission of the President of POSA/TC.
- Only POSA-accredited coaches, or coaches accredited by their national federation affiliated to POSA, may enter the competition area.
- Heads of delegation may enter the competition area at any time, but coaches must leave the competition area as soon as their athlete's score has been announced.
- The competition area is strictly forbidden to all other persons.
- The use of any kind of electronic devices (video, mobile phones, etc.) is strictly forbidden in the competition area. Please note that, according to the decision of the Executive Committee of POSA, if a mobile phone or any other electronic communication device is used in the competition area during the entire competition, the person concerned (athlete and/or coach) will be immediately expelled. The athlete will not be ranked and will not be authorized to participate in the remaining competitions. If this rule is violated by a coach, all his/her athletes will also be expelled.
- Professional photographing and filming the performances are under written permission by the organizing committee

### **Awards ceremonies**

The ceremonies in the competition venue will take place as mentioned in the time schedule.

### **Poles supplier**

The competition podium and training hall have the official POSA poles supplied by **A-Pole** only. Stainless 45mm. Competition stage pole height 4 meters. In the training hall there are several A-Pole stainless 45mm stages available along with other warm-up choices.

### **Scoring and distribution of results**

Once the competition has finished, all delegations will be provided with a complete set of results on our federal site.



## **Music**

To limit the technical problems with the music used for the competitions, the Organizing Committee has decided to only accept the athletes' music in an MP3 format only, and video in MP4 format only.

Athletes must send their music and/or video by **26th November** to this email:

[contact@posaworld.org](mailto:contact@posaworld.org)

Each music/video file will have to contain the following information:

- The name of the nation (official abbreviation of the country);
- The first and last name of the competitor/s;
- The category;
- The length of the music;
- (Example: ROU\_ RADU\_Alina\_Junior\_IW\_3min30s\_mp3) If you need help, please contact us at: [generalsecretary@posaworld.org](mailto:generalsecretary@posaworld.org)

In addition, the competitors need to bring their music with them to the venue on the competition days on an USB stick as a backup.

## **Doping control**

Any doping is prohibited. A doping control can be done to the athletes at any time, without a pre-warning, in accordance with POSA regulations. Doping controls will be carried out in accordance with the WADA regulations.

Please read POSA Rules & Regulations.

Each athlete needs to have a competition WHEA/POSA license with approved anti-doping contract.

POSA



## THE JURY

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Jury composition

### Jury

- 1 Head Judge
- 2 Technical judges
- 3-4 Artistic judges
- 1 Execution judge

### Tie breaking rule

- In case of a tie at any position at the end of finals, the athlete with the highest artistic score wins.

## THE ORGANIZATION OF THE EVENT

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### Competition venue for POSA World Pole Art Championship



**Sports Centre - Pavilion**  
**CET 10 - BAC DE RODA**  
**Address: Carrer de Guipúscoa,**  
**25, 08018 Barcelona**

<https://bacderodasport.com/>

@cembacderoda

8, 9 and 10 December from 8:00 a.m. to  
9:00 p.m.

All participants will have access to the  
swimming pool and gym.



### Delegations

The following athletes are eligible to participate in the World pole Art Championship:

1. The top 3 Élite classified of the 2022 World Pole Art Championships
2. The top 3 Elite classified of the 2022 Pole Art POSA competitions around the World
3. The first 3 Elite classified of the 2022 POSA National Pole Art Championships
4. The first 3 classified (Amateurs) of the 2022 POSA National Pole Art Championships & Pole Art POSA competitions around the World.
5. All those automatically admitted by the international federation (Wild Card Athletes).



## **Registration and accreditation**

Accreditation permits the identification of all participants and indicates the access to certain zones. Access to all zones will be controlled. Accreditation card must be visibly worn throughout the whole event. The accreditation card is personal, non-transferable, and necessary to access the training and competition halls, as well as for official transports.

Accreditation will be carried out upon arrival. During the accreditation the athletes and/or the Heads of Delegations will verify the identity of the members of their delegation. To get the accreditation all members of the delegation must have fulfilled all the necessary financial obligations (including insurance). Upon accreditation, the Head of Delegation or their representative will have to bring a copy of the Medical Certificate/Diploma for medical personnel. POSA will collect and record these certificates. Please note that without this document, the accreditation of the medical personnel will NOT be released.

POSA Directives and Technical Regulations will be strictly applied, especially to the number of persons accredited per nation.

Please note: in the absence of the Head of Delegation, accreditation may also be carried out by a coach for the rest of the team or for a group of athletes from that team.

## **Training information**

The training will start in the training hall (not the stage, but training hall, in the backstage) and at the competition stage on Friday 8<sup>th</sup> Dec.

Access the competition hall, the training and the warm-up halls will only be granted to the delegations wearing the accreditation card and only during the times reserved for their nation.

## **Opening ceremony**

Each delegation will have to choose at least one athlete who will take part in the parade of nations.

The Official Opening Ceremony will be held on December 9<sup>th</sup> for all categories, in the Competition Hall. The ceremony will consist of Flags Presentation by nation with the competitors by nation performing a special greeting for the audience. All competitors must wear their national tracksuit. All delegations must have the National Flag (dimension of 100/200 cm) with them on Opening ceremony.

## **Medical services**

The LOC will provide the necessary medical services.



## **Official POSA Hotels**

The headquarters of the organisation and POSA (Judges, staff, technicians, etc.) throughout the event will be the following:

### **HOTEL Laumon 3\*.**

Address : Carrer de Monlau, 10, 08027 Barcelona

<https://www.hotel-laumon.com/es/>

Check-in : 08/12/2023

Departure : 10/12/2023

Optional : 11/12/2023

PRICE PER NIGHT IN A DOUBLE ROOM : 45€ / PERSON

- If someone wishes "Single is a double room for the use of one person".
- A double room can accommodate 1 or 2 people.
- We cannot make deposits without payment, however for December we have no capacity problem now.
- Deposit 40% of total rooms booked - NOT REFUNDABLE in any case.
- Tourist tax NOT included (approx. 2-3€ per night per person).

## **Transportation**

The venue is in an area of Barcelona that is well served by many transport connections (buses, taxis, etc.) .

For judges, a private shuttle service is provided on Friday and Sunday from and to the airport.

## **Insurance**

POSA Technical Regulations stipulate that all participating federations or athletes must assume all costs in relation to the medical insurance of all delegation members (illness and accidents). The Local Organising Committee has the right to verify the validity of the insurance upon arrival of the delegations (policy insurance, original or copy).

Entering the World Championships without a valid medical insurance for all delegation members will be rejected.

## **Visa**

Please check whether you need a visa to enter Spain. The Local Organising Committee will gladly assist you in applying for a visa. The assist must be requested no later than 1<sup>st</sup> November from [contact@posaworld.org](mailto:contact@posaworld.org)



## Regulations

The World Pole Art Championship 2023 will take place under the following regulations.

- The current POSA Pole Art Rules.
- The current POSA Rules & Regulations
- WADA Internationals Regulations.
- The POSA Antidoping Rules
- The current POSA General Judges' Rules (Code of Ethics).

All documents can be downloaded at this link:

<https://www.posaworld.org/documents/>

## Deadlines Checklists

Competitors:

- Deadline for all delegations and athlete's registration is on **5<sup>th</sup> November**.
- Deadline for music/video is on **26<sup>th</sup> November**.
- Bring your music on USB-stick as a backup

## National Federations/Head of the delegation:

- Bring National flag for your delegation.
- Bring a copy of the Medical Certificate/Diploma for medical personnel to the accreditation centre (see further information on chapter 4.5)
- Each accreditation person (other than competitive athlete) must purchase coaches pass. It will be available in the accreditation link





**POLE SPORTS & ARTS WORLD FEDERATION  
WORLD POLE ART CHAMPIONSHIP 2023**

**Sports Centre - Pavilion  
CET 10 - BAC DE RODA**

**Address: Carrer de Guipúscoa, 25, 08018 Barcelona**

Form to be sent to:

<b>Organizing Committee</b>	
E-Mail: <a href="mailto:contact@posaworld.org">contact@posaworld.org</a>	

**Deadline: 5<sup>th</sup> of November 2023**

**DEFINITIVE REGISTRATION**

<b>Head of Delegation</b>		<b>Contact figure :</b>	
		<b>Phone :</b>	
		<b>E-mail :</b>	

**Athletes:**

No	First name	Family name	Date of birth	Category (Please specify Amateurs or Elite)
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**Non- athlete participants**

	Name	Number of persons
Team leader		
coach(es)		
additional person(s)		





Athletes & Coaches Application fee:

- All individual categories application fee is 50€,
- All Double Categories 170€ (35€ per person)
- All Groups Categories (min. 3, max. 6 athletes) 45€ per athlete
- Human props: 10€
- Coaches: 25€
- Parapole Category: free
- Head of Delegation (one per delegation): free

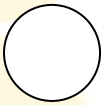
**Payment:**

**Asociacion PoleDance, Fitness, Sports y Disciplinas Afines (APFSDA)**

**Bank : La Caixa**

**IBAN: ES47-2100-3243-1722-0013-6248**

**SWiT/BIC: CAIXESBBXXX**

Place and date	Seal of the NF	NF authorised signature
		Signature of the President or Secretary General of the participating affiliated POSA member

Please, this form must be sent to the OC with the invoice payment.

E-mail: [contact@posaworld.org](mailto:contact@posaworld.org)



  
Davide Lacagnina  
President

